

CORRIDA DOS PODERES
Relatório Geral - 5K - Feminino

Coloc.	Numero	Nome	Fx.Et.	Cl.Fx.	Ritmo	Vel.	Tempo
1	435	ANA LAURA RIOS	F3039	GER	00:03:58	15,10	00:19:52
2	518	FERNANDA FERREIRA	F3039	GER	00:04:42	12,78	00:23:29
3	597	KARINE SILVA STEFANINI	F2029	GER	00:04:47	12,54	00:23:55
4	428	AMANDA MAGON	F2029	GER	00:04:51	12,39	00:24:13
5	745	SUSIE DÁVALOS GUIBU	F4049	GER	00:04:50	12,42	00:24:09
14 A 19 ANOS							
152	768	VIVIANE MENDONZA	F1419	1	00:10:09	5,92	00:50:43
20 A 29 ANOS							
7	442	ANNA HELOISA KIRCHESCH E COSTA	F2029	1	00:05:00	12,00	00:25:00
10	539	GEÓRGEA ORRO	F2029	2	00:05:15	11,44	00:26:14
13	754	THÁIS CRISTINA SILVA SANTOS	F2029	3	00:05:25	11,09	00:27:03
24	722	RENATA CAMILA DA COSTA SILVA	F2029	4	00:05:47	10,36	00:28:57
28	733	SARAH WALDSCHMIDT DA CUNHA	F2029	5	00:05:52	10,23	00:29:19
38	713	RAIANE SILVA	F2029	6	00:06:09	9,75	00:30:47
39	505	ÉRICA FREITAS ROJAS VIEIRA	F2029	7	00:06:10	9,72	00:30:52
43	702	POLIANA PLACIDO TOMIELIS	F2029	8	00:06:16	9,56	00:31:22
47	912	CAROLINA FERNANDES NERY	F2029	9	00:06:19	9,50	00:31:35
49	564	JACKELLYNE DA SILVA ROCHA	F2029	10	00:06:20	9,46	00:31:42
50	449	BRENDA GOMES DOURADO	F2029	11	00:06:21	9,44	00:31:47
55	537	GABRIELLE ANGEL LEIKO REZENDE NAKASHIMA	F2029	12	00:06:28	9,27	00:32:21
59	535	GABRIELA COMPARIN SILVA	F2029	13	00:06:31	9,22	00:32:33
66	615	LIVIA ARAUJO ROHR	F2029	14	00:06:41	8,97	00:33:26
69	479	DANIELLY VALDEZ DE ARAÚJO	F2029	15	00:06:43	8,93	00:33:35
70	448	BHEATRIZ LOPES CARDOSO	F2029	16	00:06:43	8,93	00:33:36
79	1619	LUANA DE SOUZA LEAL	F2029	17	00:06:48	8,82	00:34:01
84	618	LUANY THAYNARA LOUZAN SANDIM	F2029	18	00:06:56	8,65	00:34:40
91	734	SARAH ARAUJO	F2029	19	00:07:07	8,43	00:35:34
93	433	ANA CAROLINA BOTTA HOFFMEISTER	F2029	20	00:07:09	8,40	00:35:43
101	623	LÚCIA PEREIRA DA SILVA	F2029	21	00:07:32	7,97	00:37:39
106	656	MARIA LUIZA CORDEIRO BRITO	F2029	22	00:07:40	7,82	00:38:21
108	606	LAYANE BORGES	F2029	23	00:07:41	7,82	00:38:23
109	654	MARIA GIULIA BONALDI	F2029	24	00:07:41	7,80	00:38:27
110	541	GEOVANNA CERVIERI	F2029	25	00:07:46	7,73	00:38:48
113	669	MILENA BARBOSA SALAZAR	F2029	26	00:07:52	7,63	00:39:18
114	689	PAULA BATISTA SANTANA	F2029	27	00:07:54	7,59	00:39:30
122	675	NATHALIA PELZL DA SILVA	F2029	28	00:08:15	7,28	00:41:14
123	639	MARCELA RIEDEL	F2029	29	00:08:20	7,21	00:41:38
125	751	THAINARA STEFANELLI	F2029	30	00:08:24	7,14	00:42:02
133	660	MARIANA DE MELO SILVA	F2029	31	00:08:52	6,76	00:44:22
134	452	CAMILA FRETAS	F2029	32	00:08:55	6,73	00:44:34
149	439	ANDRESSA SANTOS DA SILVA	F2029	33	00:10:00	6,00	00:50:00
154	1640	THAYSA ALVES VARGAS	F2029	34	00:10:18	5,83	00:51:28
155	1663	VIVIANE NATHALIA SOUZA DE OLIVEIRA	F2029	35	00:10:18	5,83	00:51:29
30 A 39 ANOS							
6	472	CLAYCIMARA CUSTÓDIA DA SILVA	F3039	1	00:04:27	13,50	00:22:13
9	742	SONAIRA SOUZA BARBOSA PEREIRA	F3039	2	00:05:13	11,49	00:26:06
12	547	GLAUCIA NOGUEIRA DE SOUZA	F3039	3	00:05:22	11,18	00:26:50
14	598	KARLA VIEIRA	F3039	4	00:05:30	10,92	00:27:28
18	678	NAYANE KAROLINE GAMARRA SILVA	F3039	5	00:05:40	10,59	00:28:20
19	424	ALINE TRAD	F3039	6	00:05:40	10,58	00:28:22
20	631	LUDIMILA CHARAO DE SOUZA	F3039	7	00:05:43	10,49	00:28:36
25	721	REGINA AMORIM	F3039	8	00:05:48	10,35	00:28:59
26	686	PÂMELA FERNANDA NUNES ROMERO	F3039	9	00:05:48	10,34	00:29:00
32	1611	CAROLINA MOURA DE FREITA BRITO	F3039	10	00:05:59	10,03	00:29:55
33	716	RAPHAELLA DE SOUZA	F3039	11	00:05:59	10,02	00:29:57
34	1610	MARIA EUGENIA ARAUJO DE OLIVEIRA	F3039	12	00:05:59	10,02	00:29:57
37	536	GABRIELA MEDEIROS	F3039	13	00:06:04	9,90	00:30:19
40	747	TALITA SOARES	F3039	14	00:06:14	9,63	00:31:10
46	1624	OHANNA KRISTLE RAMOS HIPAN	F3039	15	00:06:19	9,50	00:31:35
48	1661	THALITA RIOS BRITO	F3039	16	00:06:20	9,48	00:31:38
52	415	ALESSANDRA ROSA DA SILVA SANTOS	F3039	17	00:06:27	9,30	00:32:16
54	752	THAIS CASA GRANDE DE OLIVEIRA	F3039	18	00:06:28	9,29	00:32:18
60	473	CRISLAINE MAYARA	F3039	19	00:06:33	9,15	00:32:47
61	558	INGRID TUANNE DO CARMO DIAS	F3039	20	00:06:34	9,13	00:32:51
62	715	RAPHAELA GUILHERME DE SOUZA	F3039	21	00:06:35	9,11	00:32:56
63	755	THAISE CARDOZO FONTEBASSI PRAEIRO	F3039	22	00:06:37	9,06	00:33:06
64	652	MARIA CLÁUDIA BALEN KRUG	F3039	23	00:06:38	9,05	00:33:08
65	459	CAROLINE DELLA SENTA MIGUEL	F3039	24	00:06:38	9,05	00:33:10
67	451	CAMILA MENDES DA SILVA	F3039	25	00:06:42	8,96	00:33:30
72	570	JESSICA REZENDE	F3039	26	00:06:44	8,91	00:33:41
73	612	LESLY ABASTOFLOR	F3039	27	00:06:44	8,90	00:33:42
74	545	GISLAINE DELFINO DA SILVA	F3039	28	00:06:45	8,90	00:33:43
75	464	CECILIA ROMERO LUCCHESI	F3039	29	00:06:46	8,88	00:33:48
76	594	JULIANA ALVARES LEITE	F3039	30	00:06:46	8,87	00:33:50
77	504	ELUAR CRUZ	F3039	31	00:06:47	8,84	00:33:57
78	509	EVELYN CORREA PAZ	F3039	32	00:06:48	8,82	00:34:00
83	676	NATHALY GONÇALVES LEITE LIMA	F3039	33	00:06:56	8,66	00:34:39
85	1629	BRIGIDA CRISTINA DE FREITAS	F3039	34	00:06:57	8,64	00:34:43
86	468	CINTIA BERGAMO TEIXEIRA	F3039	35	00:06:57	8,63	00:34:45
88	750	TATIANE RODRIGUES DA SILVA	F3039	36	00:07:01	8,54	00:35:07

89	1627	CACIANE FRANCISCA SCHMIDT	F3039	37	00:07:02	8,53	00:35:09
90	757	THAYARA BARBOZA	F3039	38	00:07:02	8,53	00:35:10
92	507	ERIKA MONIQUE GOMES DE OLIVEIRA DE SOUZA	F3039	39	00:07:08	8,41	00:35:40
94	553	HEDLAYNE BARRETO	F3039	40	00:07:11	8,35	00:35:55
95	662	MARINA NADALIN	F3039	41	00:07:11	8,35	00:35:56
96	453	CAMILA CRISTINA TORMENA	F3039	42	00:07:15	8,28	00:36:13
99	481	DARCILENE CRISTINA TELLES CARVALHO	F3039	43	00:07:29	8,02	00:37:23
100	460	CAROLINE DOS SANTOS	F3039	44	00:07:30	8,00	00:37:31
102	688	PATRICIA DE CASTRO DE SOUZA	F3039	45	00:07:37	7,87	00:38:06
103	554	HEMMILLY REGINA DOMICIANO DE SOUZA	F3039	46	00:07:39	7,84	00:38:16
104	648	MARIA HELENA MATAREZIO MOREIRA	F3039	47	00:07:39	7,84	00:38:17
105	739	SILVANA DE ARAUJO MACEDO	F3039	48	00:07:40	7,83	00:38:19
112	1635	MARIANA MOREIRA	F3039	49	00:07:50	7,65	00:39:12
116	441	ANDREZA LEÃO	F3039	50	00:07:56	7,56	00:39:42
119	437	ANA LUCIA MARTINS DE SOUZA	F3039	51	00:08:07	7,39	00:40:37
124	719	RAYANNE LOPES DO ESPIRITO SANTO DE OLIVEIRA	F3039	52	00:08:23	7,16	00:41:55
126	429	AMANDA BRUNA BATISTA FLORENCIO	F3039	53	00:08:30	7,05	00:42:32
128	566	JANAINA NASCIMENTO BARBOSA SANTOS	F3039	54	00:08:35	6,99	00:42:55
130	668	MICHELE GODOY	F3039	55	00:08:37	6,97	00:43:04
132	746	TAINÁ MENDES JARA	F3039	56	00:08:41	6,91	00:43:24
137	444	ANNE CAROLINE MATAREZIO MOREIRA DE PAUDA	F3039	57	00:08:58	6,69	00:44:51
139	544	GISLAINE MARTINS	F3039	58	00:09:09	6,56	00:45:44
140	703	POOLLYANA MEDEIROS DOS SANTOS	F3039	59	00:09:10	6,54	00:45:52
141	707	PRISCILLA MEDEIROS DOS SANTOS	F3039	60	00:09:10	6,54	00:45:52
143	519	FERNANDA BORGES DE SOUZA	F3039	61	00:09:29	6,32	00:47:27
144	736	SIBELE REZENDE BARBOSA	F3039	62	00:09:32	6,30	00:47:39
148	485	DENISE PRAWUCKI	F3039	63	00:09:58	6,02	00:49:49
150	461	CASSIA JACQUES	F3039	64	00:10:05	5,95	00:50:24
153	467	CIBELLY MIYAKE	F3039	65	00:10:10	5,90	00:50:52
40 A 49 ANOS							
8	720	REBECA ANDERSON COSTA ANDERSON	F4049	1	00:05:04	11,83	00:25:21
11	100	LORAINÉ MATOS FERNANDES	F4049	2	00:05:20	11,26	00:26:38
15	591	JOYCE EMILIA RODRIGUES DE OLIVEIRA	F4049	3	00:05:35	10,75	00:27:54
17	691	PAULA LUCIA DA SILVA	F4049	4	00:05:40	10,59	00:28:20
21	1638	LUCILENE JARA LOPES	F4049	5	00:05:46	10,39	00:28:52
22	478	DANIELI MARCONDES BIACIO	F4049	6	00:05:47	10,39	00:28:53
23	705	PRISCILA GUIMARAES	F4049	7	00:05:47	10,37	00:28:56
27	600	KEILA MESQUITA DA FONSECA	F4049	8	00:05:51	10,25	00:29:16
30	549	GRASIELLE VIEIRA CARNEIRO BORBA BORBA	F4049	9	00:05:54	10,16	00:29:31
31	726	ROBERTA SEBEN	F4049	10	00:05:58	10,06	00:29:49
35	743	SUE ELLEN POLLI CURCINO DA SILVA PEREIRA	F4049	11	00:06:02	9,96	00:30:08
41	728	ROSILENE RODRIGUES	F4049	12	00:06:15	9,60	00:31:15
42	670	MILENE DA CUNHA MACHADO	F4049	13	00:06:16	9,58	00:31:18
44	489	DULCILENE DE OLIVEIRA MARIN	F4049	14	00:06:18	9,53	00:31:29
45	562	IVONE CARDOSO SEBASTIAO	F4049	15	00:06:19	9,50	00:31:34
53	595	JULIANA PADILHA CARDOSO	F4049	16	00:06:27	9,29	00:32:17
56	687	PATRICIA DUARTE	F4049	17	00:06:28	9,27	00:32:21
57	1616	MIRIAM CRISTINAJARDIM	F4049	18	00:06:29	9,25	00:32:26
80	477	DANIELA OTA	F4049	19	00:06:50	8,78	00:34:11
81	613	LIDIANE PINO	F4049	20	00:06:52	8,74	00:34:19
82	1653	DANIELLY VASCAO COUTO SCHEIBLER	F4049	21	00:06:54	8,70	00:34:30
97	690	PAULA CORREA DA COSTA PITHAN	F4049	22	00:07:15	8,28	00:36:14
107	603	LAIS BOENIG	F4049	23	00:07:40	7,82	00:38:21
111	666	MARLI ELAINE LEVERENTZ SOUTO	F4049	24	00:07:46	7,73	00:38:50
115	614	LIGIA CHARAO DE SOUZA	F4049	25	00:07:55	7,58	00:39:34
117	546	GISLANE RIBEIRO CRUZ	F4049	26	00:07:57	7,55	00:39:44
120	637	MAELI NASCIMENTO DA COSTA CIESLAK	F4049	27	00:08:10	7,34	00:40:51
121	717	RAQUEL VIEIRA	F4049	28	00:08:11	7,34	00:40:53
127	753	THAIS AMANDA BERNARDO DE LIMA	F4049	29	00:08:33	7,01	00:42:46
131	440	ANDREZA DOS SANTOS FERREIRA	F4049	30	00:08:38	6,95	00:43:11
135	704	PRISCILA FERNANDES	F4049	31	00:08:57	6,71	00:44:44
138	629	LUCIENE DO CARMO NABUCO	F4049	32	00:09:00	6,66	00:45:01
146	409	ADRIANA BARBOSA GONÇALVES	F4049	33	00:09:38	6,23	00:48:08
147	626	LUCIANE DE FREITAS	F4049	34	00:09:57	6,03	00:49:46
157	502	ELIZANGELA ALVES DA SILVA	F4049	35	00:18:30	3,24	01:32:28
50 A 59 ANOS							
16	508	EVA ROMAN DOS SANTOS	F5059	1	00:05:35	10,75	00:27:55
29	672	MÔNICA CAFURE ALVES CORRÊA DE FREITAS	F5059	2	00:05:54	10,18	00:29:28
36	749	TATIANA FAGUNDES MIRANDA	F5059	3	00:06:02	9,94	00:30:10
51	685	OZONIA REGINA CAVALCANTI	F5059	4	00:06:25	9,34	00:32:07
58	469	CINTYA TINOCO BORBA	F5059	5	00:06:30	9,24	00:32:28
68	443	ANNE BEATRIZ FERNANDES NERY	F5059	6	00:06:42	8,95	00:33:32
71	636	LUIZA RIBEIRO GONÇALVES	F5059	7	00:06:44	8,91	00:33:40
98	1659	CRISTIANE FERREIRA RIBEIRO	F5059	8	00:07:27	8,06	00:37:13
118	729	ROSINEIA DE OLIVEIRA SIEBRA	F5059	9	00:07:58	7,54	00:39:48
151	680	NEUSA BRANDÃO DE OLIVEIRA CARDOSO	F5059	10	00:10:07	5,93	00:50:33
60 ANOS ACIMA							
87	366	VICENTINA DE FATIMA PORTO DONIAK	F6099	1	00:07:00	8,57	00:35:01
129	664	MARISA TIEMI KUNINARI DO NASCIMENTO	F6099	2	00:08:36	6,97	00:43:01
136	563	JACEGUARA DANTAS SILVA	F6099	3	00:08:58	6,69	00:44:50
142	456	CANDIDA ZEFERINA GONÇALVES CHARAO	F6099	4	00:09:26	6,36	00:47:10
145	653	MARIA DAS GRAÇAS PINHEIRO DE ALMEIDA	F6099	5	00:09:36	6,25	00:48:00
156	655	MARIA LOURDES BENITES	F6099	6	00:11:28	5,23	00:57:19